Genetic and Epigenetic Research on Type 2 Diabetes in Koreans

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I. Ethnic and Clinical Heterogeneity of Diabetes

III. Genetic Risk Factors of T2D in Koreans

IV. PAX4 Nonsynonymous Variants

V. GLP1R Nonsynonymous Variant

VI. Current Epigenetic Studies

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Diverse Pathophysiology of Type 2 Diabetes



- Type 2 diabetes is a heterogeneous group of disorders characterized by hyperglycemia that results from decreased insulin secretion and/or decreased insulin action
- Multiple pathophysiologic pathways and organs are involved in the development of diabetes

Clinical Heterogeneity of T2D



- East Asian type 2 diabetes patients
 - \checkmark are characterized by a decreased insulin secretory capacity
 - have lower BMI than European patients

Trajectory of Insulin Sensitivity and Insulin Secretion in 10 Years of Follow-up



 Decreased beta cell function unable to compensate for the decreased insulin sensitivity is critical in the development of diabetes in Koreans

*p<0.01 for 10 vs. 0 years.

Genetic Variant in Glucokinase



Ohn JH and Kwak SH, et al., Lancet Diabetes and Endocrinology, Jan 2016

Longitudinal Change in Glucose

Chr	SNP	SNP Locus A				Inc	depende	ent stuc	ly		м	ETA	ANNOVAR
0111	ON	LUUUS	7		Total	Effect	SE	AF	Р	Type (info)	Weight (direction)	<i>P</i> <i>(</i> HetPVal)	
6	ro10047404	24262742		KARE	6,122	0.213	0.046	0.205	4.53×10^{-06}	imputed (0.992)	10,528	3.64×10^{-06}	NUDT3,RPS10-NUDT3
0	1510947494	34203743	A/G	GENIE	4,406	0.120	0.068	0.200	7.96×10^{-02}	genotyped (1.000)	(++)	(0.1032)	(intronic)
10	ro11197950	06069490		KARE	6,122	0.152	0.042	0.255	3.49×10^{-04}	imputed (0.996)	10,528	$4.85 imes 10^{-08}$	PLCE1
10	1511107050	90000400	AG	GENIE	4,406	0.266	0.063	0.250	2.45×10^{-05}	imputed (0.996)	(++)	(0.3659)	(intronic)
		00054040	.	KARE	6,122	-0.163	0.039	0.681	3.26×10^{-05}	imputed (0.998)	10,528	6.30×10^{-06}	<i>MIR6085</i> (dist=18876),
15	rs2414772	62654213	G/A	GENIE	4,406	-0.134	0.058	0.671	2.14×10^{-02}	imputed (0.985)	()	(0.2719)) (intergenic)
16	ro16050641	59054000		KARE	6,122	0.222	0.068	0.078	1.09×10^{-03}	imputed (0.954)	10,528	2.46×10^{-06}	USB1
10	1510939041	56054099	0/0	GENIE	4,406	0.366	0.107	0.076	6.00×10^{-04}	genotyped (1.000)	(++)	(0.6144)	(exonic)

Linear mixed model

$$FG_{ij} = \left[\beta_0 + \beta_1 Covariates_i + \beta_2 time_{ij} + \beta_3 SNP_i + \beta_4 SNP_i * time_{ij}\right] + \left[U_{0j} + U_{1j} time_{ij} + r_j\right] + \varepsilon_{ij}, \begin{pmatrix} r_j \\ \varepsilon_{ij} \end{pmatrix} \sim N\left(\begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \sigma_1^2 & 0 \\ 0 & \sigma_2^2 \end{pmatrix}\right)$$

Kwak SH, et al., Unpublished data

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GWAS of T2D (Asian Genetic Epidemiology Network)

Meta-analysis of genome-wide association studies identifies eight new loci for type 2 diabetes in east Asians

Yoon Shin Cho^{1,46}, Chien-Hsiun Chen^{2,3,46}, Cheng Hu^{4,46}, Jirong Long^{5,46}, Rick Twee Hee Ong^{6,46}, Xueling Sim^{7,46}, Fumihiko Takeuchi^{8,46}, Ying Wu^{9,46}, Min Jin Go^{1,46}, Toshimasa Yamauchi^{10,46}, Yi-Cheng Chang^{11,46}, Soo Heon Kwak^{12,46}, Ronald C W Ma^{13,46}, Ken Yamamoto^{14,46}, Linda S Adair¹⁵, Tin Aung^{16,17}, Qiuyin Cai⁵, Li-Ching Chang², Yuan-Tsong Chen², Yutang Gao¹⁸, Frank B Hu¹⁹, Hyung-Lae Kim^{1,20}, Sangsoo Kim²¹, Young Jin Kim¹, Jeannette Jen-Mai Lee²², Nanette R Lee²³, Yun Li^{9,24}, Jian Jun Liu²⁵, Wei Lu²⁶, Jiro Nakamura²⁷, Eitaro Nakashima^{27,28}, Daniel Peng-Keat Ng²², Wan Ting Tay¹⁶,

Table 1 Eight new T2D loci reaching genome-wide significance from a combined meta-analysis of stages 1, 2 and 3

				Risk	Other	r Stage 1 (discovery) ^a		Stage 2 (<i>in silico</i> replication) ^b		Stage 3 (<i>de novo</i>	replication) ^c	Combined (stages	s 1, 2 and 3) ^d
SNP	Chr.	Position (bp)	Nearby gene	allele	allele	OR (95% CI)	Р	OR (95% CI)	Р	OR (95% CI)	Р	OR (95% CI)	Р
Loci showing s	trong e	vidence of asso	ciation with T2D										
rs6815464	4	1,299,901	MAEA	С	G	1.09 (1.04–1.14)	8.21×10^{-4}	1.13 (1.07–1.20)	$3.67 imes 10^{-5}$	1.16 (1.11–1.20)	4.15×10^{-15}	[;] 1.13 (1.10–1.16)	1.57×10^{-20}
rs7041847	9	4,277,466	GLIS3	Α	G	1.09 (1.04–1.14)	$1.29 imes 10^{-4}$	1.09 (1.03–1.15)	2.20×10^{-3}	1.11 (1.07–1.15)	$2.89 imes 10^{-9}$	1.10 (1.07–1.13)	$1.99 imes 10^{-14}$
rs6017317	20	42,380,380	FITM2-R3HDML-HNF4A	G	Т	1.10 (1.05–1.15)	2.43×10^{-5}	1.07 (0.99–1.15)	8.42×10^{-2}	1.10 (1.06–1.14)	$3.96 imes 10^{-7}$	1.09 (1.07–1.12)	1.12×10^{-11}
rs6467136	7	126,952,194	GCC1-PAX4	G	А	1.12 (1.06–1.18)	6.47×10^{-5}	1.11 (1.04–1.18)	2.09×10^{-3}	1.10 (1.05–1.15)	2.31×10^{-5}	1.11 (1.07–1.14)	4.96×10^{-11}
rs831571	3	64,023,337	PSMD6	С	Т	1.11 (1.06–1.17)	4.85×10^{-6}	1.06 (1.00–1.13)	4.46×10^{-2}	1.08 (1.05–1.12)	1.41×10^{-5}	1.09 (1.06–1.12)	$8.41 imes 10^{-11}$
rs9470794	6	38,214,822	ZFAND3	С	Т	1.11 (1.05–1.17)	1.45×10^{-4}	1.09 (1.02–1.17)	1.48×10^{-2}	1.16 (1.09–1.23)	3.20×10^{-6}	1.12 (1.08–1.16)	2.06×10^{-10}
rs3786897	19	38,584,848	PEPD	А	G	1.14 (1.08–1.20)	3.74×10^{-6}	1.05 (0.99–1.12)	1.28×10^{-1}	1.11 (1.04–1.17)	5.46×10^{-4}	1.10 (1.07–1.14)	1.30×10^{-8}
rs1535500	6	39,392,028	KCNK16	Т	G	1.11 (1.06–1.16)	$5.34 imes 10^{-6}$	1.07 (1.01–1.15)	3.33×10^{-2}	1.06 (1.02–1.10)	3.50×10^{-3}	1.08 (1.05–1.11)	2.30×10^{-8}
Loci showing n	nodera	te evidence of a	ssociation with T2D										
rs16955379 ^e	16	80,046,874	CMIP	С	Т	1.13 (1.07–1.20)	2.20×10^{-5}	1.10 (1.03–1.17)	$6.59 imes 10^{-3}$	1.05 (1.01–1.10)	2.19×10^{-2}	1.08 (1.05–1.12)	2.84×10^{-7}
rs17797882	16	77,964,419	WWOX	Т	С	1.12 (1.05–1.18)	1.76×10^{-4}	1.09 (1.02–1.16)	1.21×10^{-2}	1.06 (1.01–1.11)	1.61×10^{-2}	1.08 (1.05–1.12)	$9.49 imes 10^{-7}$

^aUp to 6,952 cases and 11,865 controls. ^bUp to 5,843 cases and 4,574 controls. ^cUp to 12,284 cases and 13,172 controls. ^dUp to 25,079 cases and 29,611 controls. ^eThe proxy SNP rs9930117 (*r*² = 1) was genotyped in the stage 3 CAGE study.

GWAS of T2D (comparison with Europeans)





Study Design

Stage 1. Whole Exome Sequencing

- **619 T2D Cases** (preferentially with family history of diabetes)
- 298 Non-diabetic Controls

 (≥60 years, no 1st degree relative with diabetes)

Stage 2. Semi-customized Exome Genotyping Array

- 2,013 T2D Cases (preferentially with family history of diabetes)
- 1,013 Non-diabetic Controls
 (≥60 years, no 1st degree relative
 with diabetes)

Stage 3. In-Silico Replication

- 5,218 T2D Cases
- 7,904 Non-diabetic Controls
- CAVAS, GENIE, HEXA, KARE, KLoSHA, and SSH cohort

Rare, Low Frequencing Coding Variants

- N = 917
- Agilent SureSelect V4+ UTR
- Illumina HiSeq 2000 Sequencing System
- Macrogen Inc.

Common Variants

- N = 504, Affymetrix Human SNP array 5.0
- N = 354, Affymetrix Axiom Biobank Plus array

Common Variants

- N = 3,026
- Affymetrix Axiom Biobank Plus array
- 369,694 variants genotyped after QC
- DNA Link Inc.
- Imputation using 1,000 Genomes Project phase 3 release
- A total of 13,418,779 variants available

Nonsynonymous Variant

- Seven variants
- P<1.0x10⁻⁴ in stage 1 + 2 analysis
- In Silico replication
- GWAS genotype and imputed variants

Meta-Analysis of Stage 1, 2 and 3 Results

- 7,850 T2D Cases and 9,215 Non-Diabetic Controls
- Single Variant Analysis (Firth bias-corrected likelihood ratio test)
- Gene-Based Analysis (Madsen-Browning, Burden Test, VT, SKAT)
- East Asian Specific Region Analysis
- Genetic Risk Score

144,339 Korean specific nonsynonymous variants incorporated in Stage 2

Clinical Characteristics of Participants

	Stage 1 who	ole exome sequer	ncing	Stage 2 exome array genotyping			
-	Type 2 diabetes	Non-diabetic control	Р	Type 2 diabetes	Non- diabetic control	Ρ	
N	619	298		2,013	1,013		
Male / Female	287 / 332	133 / 165	0.672	933 / 1080	515 / 498	0.021	
Age (years)	56.4 ± 9.1	66.9 ± 7.1	< 0.001	58.4 ± 13.5	65.5 ± 8.3	< 0.001	
Onset Age (years)	48.5 ± 10.1	NA	NA	47.0 ± 12.0	NA	NA	
BMI (kg/m²)	24.4 ± 2.8	23.7 ± 3.2	< 0.001	24.3 ± 3.2	$\textbf{23.8} \pm \textbf{3.0}$	< 0.001	
Systolic BP (mmHg)	127 ± 19	130 ± 20	0.011	129 ± 18	125 ± 16	< 0.001	
Diastolic BP (mmHg)	77 ± 10	81 ± 12	< 0.001	78 ± 11	78 ± 10	0.608	
HbA1c (%)	8.1 ± 1.8	5.2 ± 0.4	< 0.001	7.7 ± 1.6	5.5 ± 0.3	< 0.001	
Fasting Glucose (mg/dl)	152 ± 49	91 ± 6	< 0.001	147 ± 52	90 ± 8	< 0.001	
Total cholesterol (mg/dl)	196 ± 41	199 ± 33	0.218	178 ± 40	194 ± 35	< 0.001	
Triglyceride (mg/dl)	163 ± 128	129 ± 74	< 0.001	149 ± 94	118 ± 65	< 0.001	
HDL cholesterol (mg/dl)	48 ± 12	46 ± 16	0.123	48 ± 14	53 ± 14	< 0.001	
LDL cholesterol (mg/dl)	118 ± 33	128 ± 30	< 0.001	104 ± 34	120 ± 32	< 0.001	
Insulin Treatment (%)	26.8 %	NA	NA	23.8 %	NA	NA	
Lipid Medication (%)	21.0 %	0.0 %	< 0.001	27.5 %	2.7 %	< 0.001	
Hypertension Medication (%)	36.7 %	7.0 %	< 0.001	32.0 %	10.0 %	< 0.001	

Data are expressed as the mean ± S.D. or percent (%). NA, not applicable. Type 2 diabetes patients with family history of diabetes were preferentially enrolled.

Association results for overall common variants

Chr Position Ref/		0	. –	Meta-Analysis		Whole Exome Sequencing			Exome Chip					
Cnr	(hg19)	Alt	Gene	AF	OR 95% CI	Р	OR 95% CI	Р	AF Case	AF Control	OR 95% CI	Р	AF Case	AF Control
6	20,674,691	С/Т	CDKAL1	0.508	1.57 (1.42-1.74)	1.60×10 ⁻¹⁸	1.88 (1.48-2.39)	1.49×10 ⁻⁷	0.558	0.416	1.51 (1.35-1.69)	1.39×10 ⁻¹³	0.544	0.431
9	22,132,076	A/G	CDKN2A/B	0.375	0.68 (0.61-0.75)	4.96×10 ⁻¹³	0.52 (0.40-0.67)	3.25×10 ⁻⁷	0.317	0.457	0.72 (0.64-0.80)	1.11×10⁻ ⁸	0.350	0.432
11	2,839,751	С/Т	KCNQ1	0.355	0.70 (0.63-0.78)	4.88×10 ⁻¹¹	0.74 (0.57-0.94)	0.015	0.321	0.401	0.69 (0.61-0.78)	7.32×10 ⁻¹⁰	0.329	0.414
7	127,253,550	С/Т	PAX4	0.085	1.79 (1.46-2.19)	1.60×10 ⁻⁸	2.56 (1.58-4.14)	5.18×10 ⁻⁵	0.119	0.056	1.66 (1.33-2.07)	3.81×10⁻⁵	0.094	0.059
4	1,244,218	G/A	MAEA	0.310	0.74 (0.66-0.82)	3.15×10 ⁻⁸	0.85 (0.66-1.08)	0.176	0.297	0.345	0.72 (0.63-0.81)	3.57×10⁻ ⁸	0.286	0.356
11	55,966,855	C/T	0R5J2	0.056	0.53 (0.42-0.67)	1.17×10 ⁻⁷	0.39 (0.22-0.71)	0.002	0.039	0.062	0.57 (0.44-0.73)	8.90×10 ⁻⁶	0.048	0.076
8	121,510,827	A/G	MTBP	0.075	0.61 (0.50-0.73)	1.91×10 ⁻⁷	0.69 (0.43-1.10)	0.120	0.054	0.086	0.59 (0.48-0.73)	6.22×10 ⁻⁷	0.066	0.099
14	81,611,606	C/T	TSHR	0.238	1.38 (1.22-1.56)	4.33×10 ⁻⁷	1.44 (1.07-1.93)	0.016	0.258	0.223	1.36 (1.19-1.56)	5.83×10 ⁻⁶	0.253	0.201

OR and *P* values are from T2D association testing results for alternative allele adjusted for age, sex, and principle components. Stage 1 and 2 association were analyzed with Firth bias-corrected likelihood ratio test. Meta-analysis was done using METAL with inverse variance weighted method under a fixed effects model. Alleles are aligned to the forward strand of the Human Genome Version 19 (hg19). Alt, alternative allele; AF, allele frequency; Chr, chromosome; CI, confidence interval; OR, odd ratio; Ref, reference allele. *Kwak SH et al., Diabetes Sep 2018* 14

Nonsynonymous Variants of T2D (P <1.0×10⁻⁴)

Chr	Position Ref/ Gene Variant KOR EUR		Meta-a	nalysis	Stage 1 whole exome sequenci		encing	g Stage 2 exome array genotyping			ping					
Chr	(hg19)	Alt	Gene	variant	AF	AF	OR (95% CI)	Р	OR (95% CI)	Р	T2D AF	Control AF	OR (95% CI)	Р	T2D AF	Control AF
7	127,253,55 0	C/T	PAX4*	rs2233580 Arg192His	0.086	0.000	1.81 (1.64-2.01)	6.36×10 ⁻⁹	2.62 (1.64-4.18)	1.73×10⁻⁵	0.122	0.057	1.67 (1.33-2.08)	3.13×10 ⁻⁶	0.094	0.059
4	1,349,029	G/A	UVSSA ^{*,†}	rs2276904 Arg391His	0.376	0.031	0.79 (0.75-0.84)	1.03×10⁻⁵	0.91 (0.72-1.15)	0.441	0.363	0.393	0.77 (0.68-0.86)	5.52×10 ⁻⁶	0.357	0.417
6	39,033,595	G/A	GLP1R [*]	rs3765467 Arg131Gln	0.211	0.001	0.77 (0.69-0.87)	3.72 ×10⁻⁵	0.74 (0.55-0.98)	0.036	0.196	0.258	0.78 (0.69-0.90)	3.59×10 ⁻⁴	0.198	0.234
12	71,533,622	C/T	TSPAN8	rs79443892 Gly44Ser	0.157	0.018	0.76 (0.71-0.81)	5.24×10 ⁻⁵	0.68 (0.51-0.92)	0.011	0.137	0.188	0.78 (0.67-0.91)	1.21×10 ⁻⁴	0.146	0.183
19	18,123,738	T/C	ARRDC2	rs7259041 Leu391Pro	0.251	0.254	0.79 (0.75-0.84)	6.19×10⁻⁵	0.90 (0.69-1.17)	0.424	0.239	0.268	0.77 (0.68-0.87)	4.97×10 ⁻⁵	0.236	0.280
11	2,869,129	G/A	KCNQ1*	rs1800172 Gly643Ser	0.053	0.000	0.64 (0.58-0.72)	7.51×10⁻⁵	0.73 (0.44-1.21)	0.217	0.048	0.055	0.63 (0.49-0.80)	1.58×10 ⁻⁴	0.046	0.068
10	64,974,537	A/T	JMJD1C	rs10761725 Ser464Thr	0.430	0.778	1.23 (1.17-1.30)	8.17×10⁻⁵	1.34 (1.05-1.71)	0.016	0.460	0.379	1.21 (1.08-1.36)	1.22×10 ⁻⁴	0.443	0.401

OR and *P* values are from T2D association testing results for alternative alleles adjusted for age, sex, and principle components. Stage 1 and 2 association were analysed with the Firth bias-corrected likelihood ratio test. Meta-analysis was performed using METAL with the inverse variance weighted method under a fixed effects model. Alleles are aligned to the forward strand of the Human Genome Version 19 (hg19). Alt, alternative allele; AF, allele frequency; Chr, chromosome; Cl, confidence interval; EUR, Europeans; KOR, Koreans; OR, odds ratio; Ref, reference allele. These genes are located in previously confirmed East Asian T2D GWAS regions. The genome-wide significance threshold was set to $P < 5.0 \times 10^{-8}$. The Bonferroni corrected significance threshold for variants located in East Asian GWAS regions was set to $P < 6.5 \times 10^{-5}$ (0.05/770). [†]These two variants were in modest LD ($r^2 = 0.24$).

Characteristics and genotyping of stage 3 studies (N=13,122)

Study Name	N		Male / Female	Age (years)	Body Mass Index (kg/m2)	HbA1c (%)	Fasting Plasma Glucose (mg/dl)) Diagnostic Criteria	GWAS Chip Platform
CAVAS	1 502	Cases	374 / 435	58.5 ± 7.2	25.3 ± 3.2	NA	146 ± 54	Previous diagnosis of diabetes, fasting glucose ≥ 126 mg/dL	Affymetrix Genome-
CAVA5	1,392 -	Controls	373 / 410	63.6 ± 4.3	23.9 ± 3.2	NA	88 ± 8	No previous history of diabetes, fasting glucose < 100 mg/dL	Array 6.0
		Cases	807 / 448	53.0 ± 10.0	23.7 ± 3.1	$\textbf{6.2} \pm \textbf{1.0}$	114 ± 31	Clinically diagnosed as T2D using American Diabetes Association criteria.	
GENIE	3,004	Controls	871 / 878	53.4 ± 6.5	22.5 ± 2.7	5.4 ± 0.2	91 ± 6	Age ≥ 45 years old. No previous history of diabetes. Fasting plasma glucose < 100 mg/dL. HbA1c < 5.7%.	Korena Chip Version 1.0
	3 158	Cases	203 / 115	58.6 ± 8.0	24.8 ± 2.9	NA	137 ± 62	Previous diagnosis of diabetes, fasting glucose ≥ 126 mg/dL	Affymetrix Genome-
	3,130 -	Controls	1,120 / 1,720	52.2 ± 8.1	23.7 ± 2.8	NA	87 ± 7	No previous history of diabetes, fasting glucose < 100 mg/dL	Array 6.0
		Cases	1,263 / 1,153	63.7 ± 9.0	24.9 ± 3.4	$\textbf{6.7} \pm \textbf{1.3}$	120 ± 40	Clinically diagnosed as T2D using American Diabetes Association criteria.	Affymetrix Genome-
KARE	4,708	Controls	1,006 / 1,286	61.7 ± 8.1	24.0 ± 2.9	5.4 ± 0.3	88 ± 6	Age ≥ 60 years old. No previous history of diabetes. Fasting plasma glucose < 100 mg/dL. HbA1c < 6.0%.	Wide Human SNP Array 5.0
		Cases	47 / 42	75.3 ± 8.2	25.6 ± 3.4	7.4 ± 1.0	145 ± 42	Clinically diagnosed as T2D using American Diabetes Association criteria.	Korena Chip Version
KLoSHA	211 -	Controls	80 / 42	$\textbf{76.8} \pm \textbf{9.3}$	23.2 ± 3.5	5.5 ± 0.3	90 ± 6	No previous history of diabetes. Fasting plasma glucose < 100 mg/dL. HbA1c < 6.0%.	1.1
661	110	Cases	200 / 131	52.8 ± 10.9	NA	$\textbf{7.8} \pm \textbf{1.9}$	162 ± 57	Hospital diagnosis based on American Diabetes Association criteria.	Affumotrix NSD 250K
ээп	449 -	Controls	43 / 75	42.8 ± 10.3	NA	5.1 ± 0.3	93 ± 8	No previous history of diabetes, fasting glucose < 100 mg/dL, HbA1c < 5.7%.	

Data are expressed as the mean \pm S.D. or percent (%). NA, not applicable.

Validation of Nonsynonymous Variants of T2D

Chr	Position (hg19)	Alleles (Ref, Alt)	Gene	HGVS (rsID)	Korean AF	European AF	Study	OR 95% CI	Р	AF Case	AF Control
7	127,253,550	С, Т	PAX4	p.Arg192His	0.086	0.000	Stage 1. WES	2.62 (1.64 - 4.18)	1.73×10 ⁻⁵	0.122	0.057
				(rs2233580)			Stage 2. Exome Chip	1.67 (1.33 - 2.08)	3.16×10 ⁻⁶	0.094	0.059
							Stage 3. Replication	1.40 (1.26 - 1.56)	9.22×10 ⁻¹⁰	-	-
							Meta-Analysis	1.48 (1.35 - 1.63)	4.47×10 ⁻¹⁶	-	-
6	39,033,595	G, A	GLP1R	p.Arg131GIn	0.211	0.001	Stage 1. WES	0.74 (0.55 - 0.98)	0.036	0.196	0.258
				(rs3765467)			Stage 2. Exome Chip	0.78 (0.69 - 0.90)	3.60×10 ⁻⁴	0.198	0.234
							Stage 3. Replication	0.87 (0.81 - 0.93)	5.77×10 ⁻⁵	-	-
							Meta-Analysis	0.84 (0.80 - 0.90)	3.55×10 ⁻⁸	-	-
4	1,349,029	G, A	UVSSA	p.Arg391His	0.376	0.031	Stage 1. WES	0.91 (0.72 - 1.15)	0.441	0.363	0.393
				(rs2276904)			Stage 2. Exome Chip	0.77 (0.68 - 0.86)	5.52×10 ⁻⁶	0.357	0.417
							Stage 3. Replication	0.94 (0.89 - 1.00)	0.038	-	-
							Meta-Analysis	0.91 (0.86 - 0.95)	8.36×10 ⁻⁵	-	-
10	64,974,537	Α, Τ	JMJD1C	p.Ser464Thr	0.430	0.778	Stage 1. WES	1.34 (1.05 - 1.71)	0.016	0.460	0.379
				(rs10761725)			Stage 2. Exome Chip	1.21 (1.08 - 1.36)	0.001	0.443	0.401
							Stage 3. Replication	1.07 (1.01 - 1.13)	0.014	-	-
							Meta-Analysis	1.11 (1.05 - 1.16)	6.14×10 ⁻⁵	-	-
19	18,123,738	Т, С	ARRDC2	p.Leu391Pro	0.251	0.254	Stage 1. WES	0.90 (0.69 - 1.17)	0.424	0.239	0.268
				(rs7259041)			Stage 2. Exome Chip	0.77 (0.68 - 0.87)	4.97×10 ⁻⁵	0.236	0.280
							Stage 3. Replication	0.95 (0.89 - 1.02)	0.149	-	-
							Meta-Analysis	0.91 (0.85 - 0.96)	0.001		
11	2,869,129	G, A	KCNQ1	p.Gly643Ser	0.053	0.000	Stage 1. WES	0.73 (0.44 - 1.21)	0.217	0.048	0.055
				(rs1800172)			Stage 2. Exome Chip	0.63 (0.49 - 0.80)	1.58×10 ⁻⁴	0.046	0.068
							Stage 3. Replication	0.99 (0.86 - 1.13)	0.835	-	-
							Meta-Analysis	0.84 (0.74 - 0.95)	0.006		
12	71,533,622	С, Т	TSPAN8	p.Gly44Ser	0.157	0.018	Stage 1. WES	0.68 (0.51 - 0.92)	0.011	0.137	0.188
				(rs79443892)			Stage 2. Exome Chip	0.78 (0.67 - 0.91)	0.001	0.146	0.183
							Stage 3. Replication	1.07 (1.00 - 1.15)	0.062	-	-
							Meta-Analysis	0.98 (0.92 - 1.05)	0.582		

OR and *P* values are from T2D association testing results for alternative alleles adjusted for age, sex, and principle components. Stage 1, 2, and 3 association were analysed with the Firth bias-corrected likelihood ratio test. Meta-analysis was performed using METAL with the inverse variance weighted method under a fixed effects model. Alleles are aligned to the forward strand of the Human Genome Version 19 (hg19). Alt, alternative allele; AF, allele frequency; Chr, chromosome; Cl, confidence interval; EUR, Europeans; HGVS, Human Genome Variation Society nomenclature; OR, odds ratio; Ref, reference allele; rsID, dbSNP reference ID. The genome-wide significance threshold was set to $P < 5.0 \times 10^{-8}$.

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PAX4 (Paired Box 4)

- Plays an important role in the differentiation and development of pancreatic islet beta cells
- Protects adult islets from stress-induced apoptosis
- Promotes differentiation and proliferation of β-cells through MafA repression
- GWAS signal near PAX4
- Reported as a MODY 9 gene in Thais





PAX4 favors β -cell lineage development and its absence leads to loss of β and δ -cells

PAX4 Haplotype Association

CHR	SNP1	SNP2	Haplotype	AA	Group	Frequency	OR	Р
7	rs2233580-C 127,253,550	rs3824004-G 127,253,551	ACG	Arginine	Positive Charge	0.874	Ref	Ref
7	rs2233580-T 127,253,550	rs3824004-G 127,253,551	ATG	Histidine	Positive Charge	0.086	1.81	6.36×10 ⁻⁹
7	rs2233580-C 127,253,550	rs3824004-T 127,253,551	ACT	Serine	Polar Uncharged	0.044	1.62	5.18×10 ⁻⁴
7	rs2233580-T 127,253,550	rs3824004-T 127,253,551	ATT	Asparagine	Polar Uncharged	0.000	-	-

LD measure for two SNPs: R-sq 0.002, D'=0.619

Possible Amino Acid Changes



PAX4 Diplotype Analysis

Amino acid variation in the PAX4 192 codon and risk of T2D

DAV4102 and an	Number of	T2D		Non-diabe	etic control			D	
PAX4 192 CODON	codons	Ν	%	N	%	- UK	95% CI		
Arg/Arg	0	1,817	0.723	1,054	0.831	1.00	-	-	
Arg/His, Arg/Ser	1	635	0.253	203	0.160	1.78	1.49 - 2.15	6.79×10 ⁻¹⁰	
His/Ser, His/His, Ser/Ser	2	61	0.024	11	0.009	3.23	1.64 - 6.35	6.95×10 ⁻⁴	

OR and *P* values are from logistic regression analysis adjusting for age and sex. Participants with Arg/Arg were used as the reference. CI, confidence interval; OR, odds ratio.

Association of *PAX4* Arg192His variant and metabolic phenotypes in T2D participants

PAX4 Arg192His genotype	Arg/Arg	Arg/His	His/His		р
Ν	1,943	436	21	p (95% CI)	Р
Age at diagnosis (years)	47.7 ± 11.7	46.3 ± 11.5	40.7 ± 9.7	-1.69 (-2.460.93)	1.55×10 ⁻¹⁰
BMI (kg/m ²)	24.4 ± 3.19	24.3 ± 3.0	24.6 ± 3.8	-0.05 (-0.29 - 0.30)	0.972
Waist circumference (cm)	91.0 ± 9.6	90.4 ± 9.3	91.5 ± 9.2	-0.42 (-1.36 - 0.51)	0.377
SBP (mmHg)	129 ± 18	129 ± 18	130 ± 16	0.60 (-1.10 - 2.30)	0.489
Fasting glucose (mg/dl)	147.3 ± 51.3	147.8 ± 48.9	173.5 ± 56.5	2.80 (-1.98 - 7.56)	0.251
HbA1c (%)	7.77 ± 1.61	7.90 ± 1.70	$\textbf{8.06} \pm \textbf{2.11}$	0.13 (-0.03 - 0.28)	0.107
C-peptide (ng/ml)	2.22 ± 1.50	2.06 ± 1.43	1.26 ± 0.55	-0.20 (-0.380.03)	0.024
Total cholesterol (mg/dl)	181 ± 40	186 ± 42	189 ± 32	4.37 (0.53 - 8.21)	0.026
Triacylglyceride (mg/dl)	151 ± 104	159 ± 108	132 ± 90	4.80 (-0.54 - 15.00)	0.356
HDL cholesterol (mg/dl)	48 ± 14	48 ± 13	53 ± 14	0.24 (-1.07 - 1.55)	0.718
LDL cholesterol (mg/dl)	115 ± 36	117 ± 41	115 ± 23	2.01 (-1.73 - 5.75)	0.292
MDRD eGFR (ml/min/1.73m ²)	71 ± 31	68 ± 29	56 ± 27	-3.94 (-7.090.79)	0.014

Effect of PAX4 variants on glucagon promoter suppression



Human glucagon promoter

* p<0.05 (n=4)

The α -TC1.9 cells were co-transfected with either 150 ng pcDNA-*PAX4* (192Arg) or pcDNA-PAX4 (192His or 192Ser) together with 300 ng pGL3-human glucagon promoter and 50 ng RSV β -galactosidase. Luciferase activity was measured after 48 hours of transfection. Wild type *PAX4* could suppress glucagon expression by 58%. However, both Arg192His and Arg192Ser variants showed an impaired ability to suppress glucagon compared to wild type (*P* < 0.05).

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Validation of Nonsynonymous Variants of T2D

Chr	Position (hg19)	Alleles (Ref, Alt)	Gene	HGVS (rsID)	Korean AF	European AF	Study	OR 95% CI	Р	AF Case	AF Control
7	127,253,550	С, Т	PAX4	p.Arg192His	0.086	0.000	Stage 1. WES	2.62 (1.64 - 4.18)	1.73×10 ⁻⁵	0.122	0.057
				(rs2233580)			Stage 2. Exome Chip	1.67 (1.33 - 2.08)	3.16×10 ⁻⁶	0.094	0.059
							Stage 3. Replication	1.40 (1.26 - 1.56)	9.22×10 ⁻¹⁰	-	-
							Meta-Analysis	1.48 (1.35 - 1.63)	4.47×10 ⁻¹⁶	-	-
6	39,033,595	G, A	GLP1R	p.Arg131GIn	0.211	0.001	Stage 1. WES	0.74 (0.55 - 0.98)	0.036	0.196	0.258
				(rs3765467)			Stage 2. Exome Chip	0.78 (0.69 - 0.90)	3.60×10 ⁻⁴	0.198	0.234
							Stage 3. Replication	0.87 (0.81 - 0.93)	5.77×10 ⁻⁵	-	-
							Meta-Analysis	0.84 (0.80 - 0.90)	3.55×10 ⁻⁸	-	-
4	1,349,029	G, A	UVSSA	p.Arg391His	0.376	0.031	Stage 1. WES	0.91 (0.72 - 1.15)	0.441	0.363	0.393
				(rs2276904)			Stage 2. Exome Chip	0.77 (0.68 - 0.86)	5.52×10 ⁻⁶	0.357	0.417
							Stage 3. Replication	0.94 (0.89 - 1.00)	0.038	-	-
							Meta-Analysis	0.91 (0.86 - 0.95)	8.36×10 ⁻⁵	-	-
10	64,974,537	Α, Τ	JMJD1C	p.Ser464Thr	0.430	0.778	Stage 1. WES	1.34 (1.05 - 1.71)	0.016	0.460	0.379
				(rs10761725)			Stage 2. Exome Chip	1.21 (1.08 - 1.36)	0.001	0.443	0.401
							Stage 3. Replication	1.07 (1.01 - 1.13)	0.014	-	-
							Meta-Analysis	1.11 (1.05 - 1.16)	6.14×10 ⁻⁵	-	-
19	18,123,738	Т, С	ARRDC2	p.Leu391Pro	0.251	0.254	Stage 1. WES	0.90 (0.69 - 1.17)	0.424	0.239	0.268
				(rs7259041)			Stage 2. Exome Chip	0.77 (0.68 - 0.87)	4.97×10 ⁻⁵	0.236	0.280
							Stage 3. Replication	0.95 (0.89 - 1.02)	0.149	-	-
							Meta-Analysis	0.91 (0.85 - 0.96)	0.001		
11	2,869,129	G, A	KCNQ1	p.Gly643Ser	0.053	0.000	Stage 1. WES	0.73 (0.44 - 1.21)	0.217	0.048	0.055
				(rs1800172)			Stage 2. Exome Chip	0.63 (0.49 - 0.80)	1.58×10 ⁻⁴	0.046	0.068
							Stage 3. Replication	0.99 (0.86 - 1.13)	0.835	-	-
							Meta-Analysis	0.84 (0.74 - 0.95)	0.006		
12	71,533,622	С, Т	TSPAN8	p.Gly44Ser	0.157	0.018	Stage 1. WES	0.68 (0.51 - 0.92)	0.011	0.137	0.188
				(rs79443892)			Stage 2. Exome Chip	0.78 (0.67 - 0.91)	0.001	0.146	0.183
							Stage 3. Replication	1.07 (1.00 - 1.15)	0.062	-	-
							Meta-Analysis	0.98 (0.92 - 1.05)	0.582		

OR and *P* values are from T2D association testing results for alternative alleles adjusted for age, sex, and principle components. Stage 1, 2, and 3 association were analysed with the Firth bias-corrected likelihood ratio test. Meta-analysis was performed using METAL with the inverse variance weighted method under a fixed effects model. Alleles are aligned to the forward strand of the Human Genome Version 19 (hg19). Alt, alternative allele; AF, allele frequency; Chr, chromosome; Cl, confidence interval; EUR, Europeans; HGVS, Human Genome Variation Society nomenclature; OR, odds ratio; Ref, reference allele; rsID, dbSNP reference ID. The genome-wide significance threshold was set to $P < 5.0 \times 10^{-8}$.

Incretin Therapy

- Glucagon Like Peptide (GLP)-1 Analogues
- DiPeptidyIPeptidase (DPP)-4 Inhibitors





GLP-1 Receptor Expression



Crystal structure of the GLP-1 receptor bound to a peptide agonist

doi:10.1038/nature22800







Characteristics	Arginine	Glutamine
Polarity	Positively Charged	Polar Uncharged
рН	Basic	Neutral
Residue weight	156	128
Secondary structure propensity	α indifferent β indifferent	α former β former

Association of nonsynonymous variants with glycemic traits in non-diabetic controls (N = 7,516)

Gene	HGVS (rsID)	Fasting Glucose		1-hour Glucose		2-hour Glucose		Fasting Insulin		HbA1c	
		β (95% CI)	Ρ	β (95% CI)	Ρ	β (95% CI)	Ρ	β (95% CI)	Ρ	β (95% CI)	Ρ
PAX4	p.Arg192His (rs2233580)	0.103 (0.036 - 0.170)	2.68×10 ⁻³	0.071 (0.004 - 0.138)	0.038	-0.038 (-0.105 - 0.029)	0.263	0.039 (-0.028 - 0.106)	0.258	0.029 (-0.038 - 0.096)	0.402
GLP1R	p.Arg131Gln (rs3765467)	-0.075 (-0.1140.035)	2.00×10 ⁻⁴	-0.048 (-0.0880.009)	0.016	-0.052 (-0.0910.012)	0.010	-0.031 (-0.071 - 0.008)	0.120	-0.053 (-0.0930.014)	8.52×10 ⁻³
UVSSA	p.Arg391His (rs2276904)	-0.001 (-0.033 - 0.032)	0.956	-0.024 (-0.056 - 0.009)	0.154	0.009 (-0.023 - 0.042)	0.575	-0.018 (-0.051 - 0.014)	0.274	-0.016 (-0.048 - 0.017)	0.349
JMJD1	p.Ser464Thr (rs10761725)	0.014 (-0.019 - 0.046)	0.415	0.059 (0.026 - 0.091)	3.90×10 ⁻⁴	0.047 (0.014 - 0.079)	4.62×10 ⁻³	-0.020 (-0.053 - 0.012)	0.220	-0.005 (-0.037 - 0.028)	0.783

β and *P* values are from linear regression analysis for alternative alleles adjusted for age, and sex using additive genetic model. Variables were inverse normal transformed before analysis. HGVS, Human Genome Variation Society nomenclature; rsID, dbSNP reference ID.



OPEN

A genetic variant in *GLP1R* is associated with response to DPP-4 inhibitors in patients with type 2 diabetes

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Figure 1. Differences in the response rates to DPP-4 inhibitors according to baseline HbA1c and rs3765467. (A) The proportion of responders according to HbA1c and rs3765467 genotype, (B) the proportion of responders according to HbA1c and rs3765467 allele. Error bars represent 95% confidence intervals. DPP-4 = dipepdityl peptidase-4, HbA1c = glycated hemoglobin.

Association of nonsynonymous variants with cardiovascular disease (N = 1,496)

Gene	HGVS (rsID)	CVD Cases	CVD Controls	CVD Cases AF	CVD Controls AF	OR (95% CI)	Р
PAX4	p.Arg192His (rs2233580)	239	1257	0.125	0.096	1.30 (0.95 - 1.78)	0.100
GLP1R	p.Arg131Gln (rs3765467)	239	1257	0.159	0.199	0.77 (0.59 - 0.99)	0.041
UVSSA	p.Arg39His (rs2276904)	239	1257	0.370	0.378	0.97 (0.79 - 1.18)	0.748
JMJD1	p.Ser464Thr (rs10761725)	239	1257	0.417	0.445	0.83 (0.68 - 1.02)	0.077

OR and P values are from CVD association testing results for alternative alleles adjusted for age, and sex. A subset of T2D patient (N = 1,496) who's CVD event status was available from stage 1, and 2 analyses was investigated with logistic regression. CVD events included stable or unstable angina, myocardial infarction, history of percutaneous coronary intervention, coronary artery bypass surgery, ischemic or haemorrhage stroke. AF, allele frequency; CVD, cardiovascular disease; HGVS, Human Genome Variation Society nomenclature; rsID, dbSNP reference ID.



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Liraglutide and Cardiovascular Outcomes in Type 2 Diabetes

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V. GLP1R Nonsynonymous Variant

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Microvascular Complications and Epigenetics



EDIC Study

- Legacy Effect (Metabolic Memory)
- Those who had poor glycemic control during the early stage of diabetes have higher incidence of diabetic microvascular complications even after intensive glycemic control during later 10 years of diagnosis
- It is plausible that **epigenetic change ensued by hyperglycemia** could be the cause of these metabolic memory

Intrauterine Environment (DoHAD)



Barres R and Zierath JR, Nat Rev Endo 2017

Infinium[®] MethylationEPIC BeadChip

Affordable methylome analysis meets cutting edge content.





Unique Combination of Coding Region and Enhancer-Wide Coverage, High-Throughput, and Low Cost Over 850,000 methylation sites per sample at single-nucleotide resolution Figure 4: Broader Coverage Using Infinium I and II Assay Designs— The MethylationEPIC BeadChip employs both Infinium I and Infinium II assays. Infinium I assay design employs 2 bead types per CpG locus, 1 each for the methylated and unmethylated states. The Infinium II design uses 1 bead type, with the methylated state determined at the single base extension step after hybridization.

Intrauterine Exposure to Maternal Hyperglycemia and DNA Methylation Change



Epigenome-wide association of DNA methylation markers in peripheral blood from Indian Asians and Europeans with incident type 2 diabetes: a nested case-control study

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	Chromosome	Position	Locus	Discovery		Replication		Combined		P _{heterogeneity} †
				RR (95%CI)*	pvalue	RR (95%CI)*	pvalue	RR (95%CI)*	p value	
cg19693031	1	145 441 552	TXNIP	0-92 (0-91-0-94)	1-0×10-11	0-96 (0-94-0-98)	2-5×10*	0-92 (0-90-0-94)	1.5×10**	0-98
cg09152259	2	128156114	PROC	0-95 (0-93-0-97)	9-3×10*	0-99 (0-97-1-01)	0-32	0-95 (0-93-0-97)	4.8×10-7	0-04
cg04999691	7	150 027 050	C7orf29	0-95 (0-93-0-96)	1-4×10*	1.00 (0.98-1.02)	0.71	0-96 (0-94-0-98)	4.8×10*	0-004
cg11024682	17	17730 094	SREBF1	1.06 (1.04-1.08)	8-4×10"	1-03 (1-01-1-05)	0-0054	1-07 (1-04-1-09)	3-0 × 10 ⁻¹⁰	0-07
cg02650017	17	47 301 614	PHOSPHO1	0.94 (0.92-0.96)	2-1×10*	0-97 (0-95-0-99)	0-0012	0-94 (0-92-0-95)	4-1×10-17	0-48
cg18181703	17	76354621	SOCS3	0.95 (0.93-0.97)	2·1×10*	0-97 (0-95-0-99)	0-0016	0-94 (0-92-0-96)	4.7 × 10-10	0-76
cg06500161	21	43 65 65 87	ABCG1	1.08 (1.06-1.10)	2-2×10-**	1.04 (1.02-1.06)	0-00012	1-09 (1-07-1-11)	1·1×10-17	0-32

RR=relative risk. *Associated with a 1% increase in respective methylation marker in the discovery phase (1074 Indian Asians with incident type 2 diabetes and 1590 controls), in replication testing among 1141 Europeans (377 with incident type 2 diabetes) and in combined analysis. †Heterogeneity of effect between discovery and replication.

Table 3: Association of methylation markers with future type 2 diabetes incidence

TXNIP gene encodes a thioredoxin-binding protein that is a member of the alpha arrestin protein family. This protein results in the accumulation of reactive oxygen species and cellular stress. Elevated TXNIP levels induce β -cell apoptosis, whereas TXNIP deficiency protects against type 1 and type 2 diabetes by promoting β -cell survival.

Epigenome-wide association of DNA methylation markers in peripheral blood from Indian Asians and Europeans with incident type 2 diabetes: a nested case-control study



Figure 3: Targeted resequencing of the TXNIP locus by next-generation sequencing

Bars show mean methylation at the CpG sites assessed. The purple bar is the sentinel marker, as identified by epigenome-wide association analyses. The correlation track shows the correlation between methylation at each CpG site with the sentinel marker. The inset graph shows the relative risk for type 2 diabetes associated with a 1 SD reduction in methylation or methylation score for the methylation markers at the TXNIP locus identified by targeted resequencing. Results are shown for the eight individual CpG sites assayed by pyrosequencing (blue; light blue for the sentinel marker); the sentinel marker by microarray (green); and the sum of all eight methylation markers (orange). CpG=cytosine-guanine nucleotide pair.

Validation of DNA Methylation Markers in Koreans





DNA Methylation and Degree of Hyperglycemia



Non-Diabetic Group

T2D Group



SUMMARY

- There are ethnic as well as individual heterogeneity in the clinical characteristics of type 2 diabetes
- There are population specific variants that could explain ethnic differences of type 2 diabetes
- Amino acid variation in *PAX4* 192 codon (p.R192H, pR192S) is an important risk factor for diabetes in Koreans
- *GLP1R* R131Q is a protective variant of type 2 diabetes which is associated with decreased fasting glucose, decreased HbA1c, and lower risk of cardiovascular disease in Koreans
- There are ongoing efforts to identify epigenetic markers that are associated with progression to diabetes

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